

PRINCIPAL'S MESSAGE

Greetings NWES Families.

As we move into the Month of March, we look forward to new learning opportunities and reflect back on the month of February, where we celebrated African Heritage Month. Our students engaged in enriching lessons and activities that embraced them in a strong sense of identity, joy and resilience as African Nova Scotians.

We want to express our gratitude to the Delmore Buddy Daye Learning Institute for hosting the watch party for the launch of the ABC's of North Preston Video at our school. Our students are thankful for the snacks and giveaways you shared with us. It was an excellent opportunity to come together and celebrate our community and achievements.

We extend a warm thank you to the Halifax Regional Library under the direction of Renise Cain, for inviting us to the reading of Kenote Beals' new book, I am So Worthy. It was an interactive, inspiring and motivational experience for our students.

Our students participated in a schoolwide bulletin board contest that honoured **Our Smiles, Our Joys, Our Resilience as African Nova Scotians.** Our bulletin boards showcase our students' creativity, self-expression and knowledge of their history. We are delighted to share their creations below.





Your Partner in Education,

April Desmond

March is Nutrition Month

Did you know? March is Nutrition Month! This is a great time to explore and learn about food. An important part of this is food literacy, which includes having the knowledge and skills to grow, choose, prepare, and talk about food.

Some ways to engage your family during Nutrition Month:

1. Get kids involved in meal planning. Ask them to help choose recipes, write out grocery lists and explore grocery store flyers.

2. Make cooking a family event! Kids can participate in age-appropriate tasks, such as measuring ingredients or setting the table.

- 3. Enjoy meals together when you are able. Mealtimes can be a great time to connect in conversation.
- 4. Start planning for an indoor or outdoor garden. This is a great way to explore where our food comes from.

Did you know? March is Nutrition Month

A Healthy School Community:

- Recognizes that healthy students learn better and achieve more;
- Understands that schools can directly influence students' health and behaviours;
- Encourages healthy lifestyle choices, and promotes students' health and well-being;
- Incorporates health into all aspects of school and learning;
- Links health and education issues and systems; and
- Needs the participation and support of families and the greater community!

Halifax Regional Centre for Education

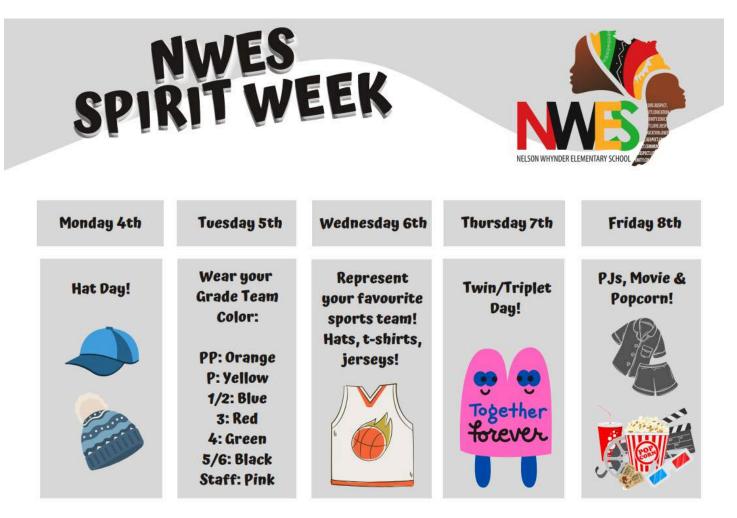
Positive Participation Awards

Positive Participation Awards for the Month of February:

Classroom AwardsMusicPhys.Ed.Pre Primary: Damaesiah SmithPrimary: Nevaeh SimmonsPrimary: Novah DowneyPrimary: Amaris SimmondsGrade One/Two: Fredrico ConrodGrade One/Two: Dayvon Flint

| Grade One/Two: Kainen Bundy | Grade Three: Ka'myrah Beals | Grade Three: Ka'myrah Beals |
|---|--|--|
| Grade Three: Elayce Clayton | Grade Four: Migeal Beals | Grade Four: Ro'Jhaiah Beals |
| Grade Four: Ra'Kyien Beals | Grade Five/Six: Corvae Clayton | Grade Five/Six: Corvae Clayton |
| Grade Five/Six: Dallaz Downey, Quinton Fourgnaud | Art | French |
| | Grade Primary: Kaidace Simmonds | Grade Four: Denaijiah Downey |
| Student created Brance < | Grade One/Two: Nai'Ondre Smith | Grade Five/Six: Jah'Siyah Upshaw-Glasgow, Levonti Beals |
| | Grade Three: Aleciah Cain | |
| | Grade Four: Lucius Fourgnaud Grade Five/Six: Shmar Downey Mezz | Learning Centre: |
| | | Mezziah Robart |
| | | Resource: |
| | | |
| | | Lavonia Beals |
| | | |

SPIRIT WEEK



Do you know how to raise a concern?

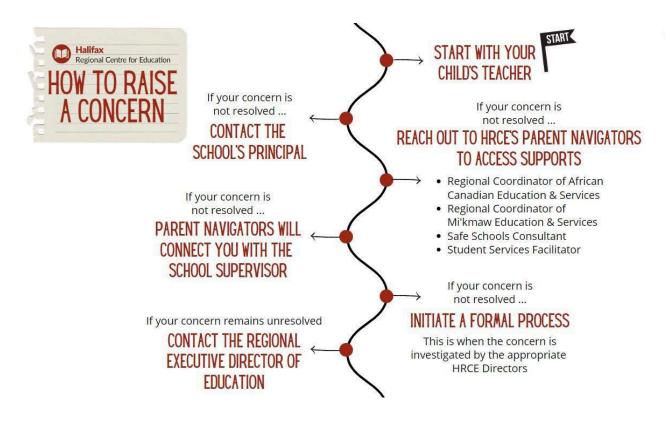
Did you know that there's a protocol in place to help families contact schools, or HRCE Central Office, when you have concerns about your student's education or well-being?

- 1. All concerns should first be shared with your child's teacher.
- 2. If your concern is not resolved, you should then contact the principal.
- 3. If your concern remains unresolved, you can reach out to HRCE's Parent Navigators who can provide information about a wide range of supports and resources or connect you with the school supervisor.

4. If your matter continues to be unresolved, you can then initiate a formal review process in which the matter will be investigated by the appropriate HRCE Directors.

5. The final step is for your concern to be passed on to the Regional Executive Director.

Click here to view the Parent/Guardian Concern Policy.



HOT LUNCH DAYS

| March 6 Pizza | March 7 R&B | |
|----------------|--------------|--|
| March 20 Pizza | March 21 R&B | |
| March 27 Pizza | March 28 R&B | |



School Bus Safety Reminder

HRCE has recorded 691 school bus stop-arm violations in Halifax Regional Municipality since the beginning of the school year. This means that motorists have failed to stop for a bus when its red lights were flashing and the stop sign was extended. This poses a serious risk to children and families who may be crossing the road to enter or exit the bus. Drivers may also face a fine and demerit points if caught by police.

Help us spread the word to remind drivers (including cyclists) that it is illegal to drive past a school bus when they see its red lights flashing and stop-arm extended.

Drivers must slow down and prepare to stop in all directions when they see flashing lights – either amber or red in colour – on a school bus. This means the bus is planning to stop or may have already.

Here are some safety tips from Safety Services Nova Scotia to keep in mind when waiting for or exiting the bus:

- Stand back from the edge of the road.
- Line up in single file when you see the bus coming.
- Wait for the bus to come to a complete stop.
- Walk, never run.



- Make sure the bus driver sees you if you are crossing the road. Take 10 giant steps in front of the bus before crossing.
- Wait for the bus driver to signal that it is okay to cross.
- Always look both ways before crossing the road and listen for traffic.
- Never cross the road from behind the bus.

DENTAL CLINIC NEWS

Happy March! We are looking forward to spring. You are welcome to check in anytime to see how your child's dental appointment is going. Our number is (902-462-2041). Also, I want to remind you to check school bags for any forms.

*Remember, the Best Smile is the One you Give $\stackrel{ heta}{\simeq}$

PHOTO GALLERY



